Brenden graduated from Rocky Mountain University of Health Professions (RMU) Doctor of Physical Therapy (DPT) program in 2024. Brenden has been established in Reno since 2016, having moved to Reno from northern California to attend the University of Nevada, Reno to complete his bachelor’s degree in community health science with a specialization in kinesiology. After attending RMU in Utah, Brenden is now back in Reno and ready to serve the community.

Brenden is driven to providing evidence-based and patient-specific treatment to ensure a unique physical therapy experience for all his patients and is passionate about expanding his horizons in learning new treatment skills and techniques. Brenden, having a background in powerlifting and sports, is knowledgeable in sport-specific training and injury prevention that can translate to a variety of low to high-level activities. Brenden emphasizes the importance of the provider-patient relationship and building trust to provide a physical therapy experience that is comfortable and stress-free. For Brenden, patient care will always come first, and Brenden will directly pursue what is best in order to achieve patient goals and to restore function, confidence, and comfort for his patients.

Brenden enjoys spending his spare time as an avid gym-goer and taking advantage of all the outdoor activities the Reno-Tahoe area has to offer, such as fly fishing and golfing, and being with his wife.